

Fox Mill Woods Swim & Tennis Club News

Spring 2001

Silver Anniversary 1976-2001

25th Year

Open House
Saturday, May 19, 2001
11:00 a.m. to 3:00 p.m.

Plan your summer recreation season by joining us on Saturday, May 19th for Open House. This will be your opportunity to:

Register for Swim Team
Register for Tennis Team
Have your Photo ID taken
Pick up your 2001 membership packet
Volunteer to help plan summer events
Sign up for swim and/or tennis lessons
Help clean the grounds and facilities

The Club will provide a **light lunch** for all members between **12:00 noon and 1:00 p.m.**

NEW

Web Site

(<http://foxmillwoods.tripod.com/FMW.htm>)

Check out the Club's new web site for operating hours, membership information, Club rules and by-laws, as well as swim and tennis team schedules and registration forms, and lots more. If you do not have Internet access:

Pick up forms and register at Open House
Call Swim Team Rep or Tennis Team Captains/Managers for forms

Membership

We are delighted to welcome more than two-dozen new families to FMWSTC for our **Silver Anniversary** year. Photo IDs will be made for each new family member (adults and children over the age of five) at the Open House. Photo IDs are

required for admittance to the pool. Returning members who have lost or wish to update their IDs can also have photos taken at the Open House. The normal \$10.00 charge to replace or update an ID is waived on the day of Open House. If any member of your family cannot attend the Open House and needs to have a new card made, please bring or mail a wallet-sized photo that can be used.

Work Day – At Open House

We really need your help!

Join your fellow pool members at our spring cleanup. An hour or two of your time will make the many cleanup tasks go quickly. Some of the things we will be doing to improve the beauty of the Club's grounds and facilities include *spreading mulch/wood chips, general cleanup and trash pickup, and trimming trees and bushes*. Most of the necessary equipment will be available at the pool, but please bring your gloves, rakes, and trimmers.

Volunteers are Needed

The Club has a full slate of activities planned for the 2001 season, including Sunday Sanity during July, Movie Night, a Children's Party, two Adult Parties (themes to be determined), and the annual Labor Day Party. Sign-up sheets for each event will be available at the Open House. Club activities such as these provide a variety of opportunities for members to enjoy some aspect of the Club's beautiful setting along with other members interested in sharing a similar experience. You are warmly invited to participate in any and all of these events as a means of enhancing the personal benefit of your membership. To add significantly to your enjoyment, please consider helping with the organization of one or more activities. You will meet a wider cross-section of the membership by doing so, and gain a real sense of satisfaction in contributing to the Club's success.

Membership Packets

If you are NOT able to pick up your membership packet or have your photo ID taken during the Open House, please do so after Opening Day at the lifeguard desk at the pool. You will need the "2001" stickers for your ID passes. Photos for your ID's may be taken at the pool between 2:00 and 4:00 pm, May 26, 27, 28 (Memorial Day weekend).

Swimming Lessons

Swimming lessons are organized and coordinated by Brian Lins, the pool manager. If you have questions regarding group lessons, contact Brian on the pool pay phone (703-860-9819). If you have questions regarding private lessons, contact any of the lifeguards.

Food on the Pool Deck

The Health Department does not allow food on the pool deck. It is very difficult for the lifeguards to monitor this all the time. We need everyone's help, parents and children alike, in following this rule. When eating elsewhere on the club grounds, please remember to dispose of your trash in an appropriate receptacle. If pizzas are ordered, please carry the empty cartons to the trash cans behind the pump room. **Please help keep our grounds clean and bee-free by not overloading the trash cans in the picnic area. There are extra cans behind the pump room.**

Rules and Regulations

It is a new season. Take some time to refresh your memory of the club's rules and regulations. Share them with your children and emphasize that rules are made to ensure their health and safety, as well as to maximize everyone's enjoyment of the pool.

Pool Closings—Weather and Health

The weather impacts the operation of our pool. There are specific guidelines the lifeguards must follow regarding storms, particularly thunder. Please be understanding and supportive of their decisions.

Babies who are not potty-trained **must wear diapers and rubber pants** to be in the pool. Also, if a child is not feeling well, they should not be in the pool swimming. Parents will be asked to remove babies who are in diapers or 'swimmers' without rubber pants. Children who are sick will be asked to stay out of the pool.

In the past, the pool has had to close on several occasions when children vomited and/or defecated in the pool. We are required by the County Health Department to follow strict procedures when this happens. The result is that the pool must be closed for 12 hours after such an occurrence. Closing the pool means everyone pays for one parent not following the rules. Please cooperate and everyone will be able to enjoy the pool.

Lost and Found

We will use the same lost and found policy that was implemented last year. Socks, underwear, and broken toys will be tossed into the trash dumpster. Towels and clothes will be put in a container on the pool deck. When the container is full, the contents will be tossed into the dumpster or given away. Anything wet and smelly will be tossed into the dumpster.

Your E-mail Address is Requested

The Club is attempting to replace paper correspondence with e-mail to the maximum extent possible. You can help by sending us your family e-mail address. The intent is to use electronic mail to keep the membership informed of breaking news regarding tennis and swimming lessons, clinics, and Club events. We hope you will take advantage of this capability. You can send your e-mail address to breroot@aol.com or hlins@worldnet.att.net. You can also use the Club's web site feedback address: foxmllwoods@lycos.com. Ultimately, we plan to put the Club Membership Directory (with e-mail addresses) on the web site.

FMWS&TC Fast Facts

Pool Phone Numbers

Pay phone at pool side	703-860-9819
Tennis Pro	703-860-0628
Info/Answer Machine	703-860-0628

Pool Street Address

Fox Mill Woods Swim & Tennis Club, Inc.
2634A Black Fir Court
Reston, VA 20191

Club Mailing Address

FMWSTC
2579 John Milton Drive
Suite 105-242
Herndon, VA 20171

Board of Directors

President	Brenda Root	703-715-0362
VP/Treasurer	Peter Kendrick	703-715-0377
Secretary	Bob Cohen	703-476-0110
Membership	Katherine Lins	703-620-9240
Tennis	Bruce Pujanauski	703-264-1344
Pool	Paul Siebach	703-716-7678
Swim Team	Don Huycke	703-264-1018

Other Representatives and Coaches

Swim Team Reps	
Sheree Lopez	703-715-2515
Pat Ward	703-716-0422
Joan Duvall	703-453-0456
Swim Team Coach	
Shelley Gesker	703-860-0628
Tennis Team Coaches	
Dave Rothschild	703-860-0628
Brian Tenenhaus	703-860-0628
Women's Tennis Captain	
Lee Ellis	703-476-6267

Men's Tennis Captain	
John Waldron	703-476-1950
Junior Girls Tennis Team	
Margo Weed	703-758-9287
Janice Haney	703-860-3443
Junior Boys Tennis Team	
Cathy Romano	703-264-9754

Membership Fees

Full Voting Member	
One-time Admin. Fee	\$100
2001 Annual Fee	\$400
Membership Fee	\$950

Guest Fees

Guest passes may be purchased at the pool desk. The cost is \$2.00, and checks are preferred. House guests of members who will be visiting for an extended period of time may use the club facilities at a reduced rate as follows:

Per guest per week	\$ 4.00
Per family per week	\$10.00
Per family per month	\$25.00

Pool Operating Hours

Opening Day (May 26)	11:00 am - 9:00 pm
Closing Day (Sep 3)	11:00 am - 5:00 pm
Monday through Friday	
May 28 – Jun 19	12:00 pm - 9:00 pm
June 20 – July 24	11:30 am - 9:00 pm
July 25 – Sep 3	11:00 am - 9:00 pm
Saturday and Sunday	11:00 am - 9:00 pm

Tennis Court Hours

May 1 thru Sep 30	8:00 am - 10:00 pm
Oct 1 thru April 30	8:00 am - 8:00 pm

Volunteers for Events in 2001

Thanks to the following members who have volunteered to assist with specific summer events. **Volunteers are needed.** If you would like to help with one of these functions, please contact Brenda Root (715-0362) or Kathy Lins (620-9240), or you can sign up at the Open House on May 19.

Adult Sunday Sanity (9–11 am)

Jul 8 Lynn Happ (716-4746), **table volunteer needed**
Jul 15 Lynn Happ (716-4746), **table volunteer needed**
Jul 22 Lynn Happ (716-4746), **table volunteer needed**
Jul 29 Lynn Happ (716-4746), **table volunteer needed**

Adult Party (Theme to be determined)

Jul 7 Jill King (716-0652)

Movie Night (Party for kids 10)

Jul 21 Lynn Happ (716-4746)

Younger Kids Party

TBA Susie Pavek (Organizer; 620-5498)
Myra Angel (Volunteer; 620-1106)
Dana Kennedy (Volunteer; 860-1470)

Adult Party (Theme to be determined)

Aug 4 Carol Byrne (860-3134)

Labor Day Party

Sep 3 **Organizer needed**

Raft and Tube Nights (Thursdays 7-9 pm)

Jun 28, Jul 5, Jul 12, Jul 19, Jul 26, Aug 2

2001 Swim Team News

The **FMW Fintastics** are gearing up for another exciting season. We will once again be under the excellent coaching leadership of Shelley Gesker. We're sorry to report, though, that Nathan Delpino will not be returning. We are currently looking for an assistant coach. Our new Head Team Representative is Sheree Lopez and the B Team Representatives will again be Pat Ward and Joan Duvall. We have been to the NVSL and Developmental league meetings and the 2001 schedule has been set. This season Fox Mill Woods will be in NVSL Division 7 with Hiddenbrook, Poplar Tree, Walden Glen and Arlington Forest. Our developmental league will be Oakton, Pinecrest, Herndon, Foxmill Estates and Hiddenbrook again this year. We will also have the opportunity to participate in a warm-up developmental meet with Franklin Farm on Wednesday, June 20. The Team is getting new swimsuits this year, and a representative will be at the Open House on May 19 for sizing and ordering. Swim team registration will also take place at the Open House. We're looking forward to a fantastic 2001 Swim Season!!!

HEAD TEAM REPRESENTATIVE

Sheree Lopez (703) 715-2515

B-TEAM REPRESENTATIVES

Pat Ward (703) 716-0422

Joan Duvall (703) 453-0456

SWIM TEAM LIASON

Don Huycke (703) 264-1018

2001 SWIM TEAM MEET SCHEDULE

June	20	Warm-up Developmental Meet @ Franklin Farm	6:00 pm
	23	A-Meet Fox Mill Woods @ Poplar Tree	9:00 am
	25	B-Meet Fox Mill Woods @ Pinecrest	6:00 pm
	30	A-Meet Walden Glen @ Fox Mill Woods	9:00 am
July	2	B-Meet Hiddenbrook @ Fox Mill Woods	6:00 pm
	7	A-Meet Arlington Forest @ Fox Mill Woods	9:00 am
	9	B-Meet Oakton @ Fox Mill Woods	6:00 pm
	11	Divisional Relays @ Poplar Tree	6:30 pm
	14	A-Meet Hiddenbrook @ Fox Mill Woods	9:00 am
	16	B-Meet Fox Mill Woods @ Herndon	6:00 pm
	18	All-Star Relay @ Woodley	4:00 pm
	19	Lollypop Meet for 8 & under @ Oakton	6:00 pm
	21	A-Meet Fox Mill Woods @ Riverside Gardens	9:00 am
	23	B-Meet Fox Mill Estates @ Fox Mill Woods	6:00 pm
	28	Divisionals @ Walden Glen	9:00 am
	4	Individual All-Stars @ Wakefield Chapel	9:00 am

Tennis Team News

Once again it is time to think about tennis. The Fox Mill Woods Swim and Tennis Club is one of the area's finest swim and tennis facilities. We hope all our members can take advantage of the many tennis programs being offered this year for all ages and level of play.

The tennis club welcomes back David Rothschild and Brian Tenenhaus. Dave and Brian will run the practice sessions and matches for the junior teams (boys and girls). They will also be running various clinics, both juniors and adults, throughout the summer and are available for private lessons.

If you played last year welcome back. If this is your first year, please join one of the many programs.

Registration Forms

All registration forms are available online at <http://foxmillwoods.tripod.com/FMW.htm>, the new FMWSTC website. Print and complete the form and bring it to registration at the Open House. Blank forms will also be available at the Open House on May 19th.

Women's Tennis Team

We have registered 2 women's teams this year, a B team and a C team. Lee Ellis will return as captain for one of the teams. However, we must find an additional team captain. Matches will be played on Tuesday nights for both teams. Brian and Dave will begin practice on Wednesday, May 23rd from 6:30-8:00 pm, and practices will continue on Wednesday nights. Practices will include instruction, drills, and challenge matches. Each practice session will be \$10. Lee will have additional information after April 24th. If you are interested in playing (or being a team captain), please sign up at the Open House or call Lee at (703) 476-6267 for more information.

Men's Tennis Team

John Waldron will return as the men's team captain. Fox Mill Woods will play in the Northern Virginia Tennis League. Team matches will consist of 3 singles matches and 2 doubles matches. The Fox Mill Woods men's tennis team is always looking for new players. If you are interested in playing please stop by the Open House signup or call John (703) 476-1590 for more information.

Junior Girl's Tennis Team

Margo Weed and Janice Haney will return as the parent liaison for this year's Jr. Girl's Tennis Team. If you have a child interested in playing please stop by the Open House signup or call Margo at (703) 758-9287 or Janice (703) 860-3443 for more information. Also, see below for the junior team practice schedule.

Junior Boy's Tennis Team

Cathy Romano will be the parent liaison this years Jr. Boy's Tennis Team. If you have a child interested in playing please stop by the Open House signup or call Cathy at (703) 264-9754 for more information. Also, see below for the junior team practice schedule.

Men's Round Robin Season Kick Off – Saturday April 28th 9:00am

Open play for all levels of tennis players. Come and meet old friends or make new ones. There will play doubles on all four courts from 9:00am to 1:00pm. Call Tom Quarnstrom (703-620-0777) for questions. Rain date is Sunday April 29th.

Sign up and meet the pros day - Saturday May 19th

You are invited to stop by the club at our annual **Open House** on Saturday May 19th from 11:00am to 3:00pm. You can meet the pros and we will be taking registrations for the various Tennis Teams and spring and summer clinics. You can also register for the above by mailing your registration forms provided on the Fox Mill Woods website (<http://foxmillwoods.tripod.com/FMW.htm>).

Junior Team Practice Schedule

May 21 - June 19

Girls:	Tues/Thurs	3:45-4:45 for ages 13+
		4:45-5:45 for ages 9-12
Boys:	Mon/Wed	3:45-4:45 for ages 13+
		4:45-5:45 for ages 9-12

June 20 - End of Season

Girls:	Mon/Thurs	3:00-4:00 for ages 9-12
		4:00-5:00 for ages 13+
Boys:	Tues/Fri	3:00-4:00 for ages 9-12
		4:00-5:00 for ages 13+

May 23, 4-6 pm at the courts. **Family pot-luck dinner**

July 28, 3-7 pm at the courts. **Match Point Party**