

# Fox Mill Woods Swim & Tennis Club News

May/June 2000

24<sup>th</sup> Year

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## Open House

The Open House on May 13<sup>th</sup> was a great success, thanks to the efforts of committed FMWST Club members. Mulch and wood chips were spread, membership packets distributed, photos taken, and registration forms signed by many parents. Many thanks to all who pitched-in to help, especially to those who worked on the grounds clean-up in the heat! Summer expectations were high as children looked forward to swim and tennis team participation, playing games at the pool and different club events. How fortunate we are to have such an important family resource within a short walk or drive from our homes.

Every effort to make our club a better place, by keeping it clean and free from trash, participating in activities, and practicing patience and respect for each other will be appreciated by all. We sometimes need to be reminded that much of the work of running the club is done by members volunteering their time, experience, expertise, and resources. A special thanks to all who help with the various teams, programs and activities.

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**Pool Management Company**

Steve Bogdanoff's Atlantic Pools Inc will manage

our facility again this year. Steve directed the resurfacing and tiling of the pool this spring. Thanks to Steve and his crew, we should be free of scraped toes and blistered feet this year.

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### **Life Guards**

We are fortunate to have a very talented guard staff this summer to ensure your safety. The team includes:

**Mike Fries**, Manager  
**Nathan Delpino**, Assistant Manager  
**Tula Pisano**, Lifeguard  
**Monica Lins**, Lifeguard  
**Chris Fries**, Lifeguard  
**Halley deRidder**, Lifeguard

Please introduce yourself and your family to them. A guard will be on duty to collect your pool ID card when you enter the pool, and to return it when you leave. If an ID is forgotten 5 times, a new pass will be made for a fee of \$10.00. Please do not leave ID cards at the pool overnight, as they may get lost.

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### **Lost and Found**

A new lost and found policy is being instituted this season. Socks, underwear, and broken toys will be tossed into the trash can. Towels and clothes will be put in a container on the pool deck. When the container is full, the contents will be tossed in the trash can or given away. Anything wet and smelly will be tossed into the trash can.

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### **Membership Packets**

If you have not picked up your membership packet, please do so at the lifeguard desk at the pool. You will need the "2000" stickers for your ID passes. Photos for your ID's will be taken at the pool between 2:00 and 4:00 pm, May 27, 28, 29 (Memorial Day weekend).

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## Swimming Lessons

Swimming lessons are organized and coordinated by Mike Fries, the pool manager. If you have questions regarding group lessons, contact Mike on the pool pay phone. If you have questions regarding private lessons, contact any one of the lifeguards.

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## Food on the Pool Deck

The Health Department does not allow food on the pool deck. It is very difficult for the lifeguards to monitor this all the time. We need everyone's help, parents and children alike, in following this rule. When eating elsewhere on the club grounds, please remember to dispose of your trash in an appropriate receptacle. If pizza cartons are ordered, please carry them to the trash cans behind the pump room. **Please help keep our grounds clean and bee-free by not overloading the trash cans in the picnic area. There are extra cans behind the pump room.**

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## Rules and Regulations

It is a new season. Take some time to refresh your memory of the club's rules and regulations. Share them with your children and emphasize that rules are made to ensure their health and safety, as well as to maximize everyone's enjoyment of the pool.

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## Pool Closings—Weather and Health

The weather impacts the operation of our pool. There are specific guidelines the lifeguards must follow regarding storms, particularly thunder. Please be understanding and supportive of their decisions.

Babies who are not potty-trained **must wear diapers and rubber pants** to be in the pool. Also, if a child is not feeling well, they should not be in the pool swimming. Parents will be asked to remove babies who are in diapers or 'swimmers' without rubber pants. Children who are sick will be asked to stay out of the pool.

The pool had to close several times last season as a result of children vomiting and/or defecating in the pool. We are required by the County Health Department to follow strict procedures when this happens. The result is that the pool must be closed for 12 hours after such an occurrence. Closing the pool means everyone pays for one parent not following the rules. Please cooperate and everyone will be able to enjoy the pool.

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## FMWS&TC Fast Facts

### Pool Phone Numbers

Pay phone at pool side	703-860-9819
Tennis Pro	703-860-0628
Info/Answer Machine	703-860-0628

### Pool Street Address

Fox Mill Woods Swim & Tennis Club, Inc.  
2634A Black Fir Court  
Reston, VA 20191

### Club Mailing Address

FMWSTC  
2579 John Milton Drive  
Suite 105-242  
Herndon, VA 20171

### Board of Directors

Co-President	Brenda Root	703-715-0362
Co-President	Mark Hubal	703-689-4915
VP/Treas.	Peter Kendrick	703-715-0377
Secretary	Laurie Dolson	703-352-1040
Membership	Katherine Lins	703-620-9240
Tennis	Tom Quarnstrom	703-620-0777
Pool	Paul Siebach	703-716-7678
Swim Team	Mark Hubal	703-689-4915

### Other Representatives and Coaches

Swim Team Rep		
Jane Leeds		703-264-0067
Kathy Montgomery		703-716-0994

Swim Team Coaches		
Shelley Gesker		703-860-0628
Nathan Delpino		703-860-0628

Tennis Team Coaches  
 Dave Rothschild 703-860-0628  
 Brian Tenenhaus 703-860-0628

Women's Tennis Captain  
 Lee Ellis 703-476-6267

Men's Tennis Captain  
 John Waldron 703-476-1950

Junior Girls Tennis Team  
 Margo Weed 703-758-9287  
 Janice Hayne 703-860-3443

Junior Boys Tennis Team  
 Bruce Pujanauski 703-264-1344

**Membership Fees**

Full Voting Member  
 One-time Admin. Fee \$100  
 2000 Annual Fee \$380  
 Membership Fee \$950

**Guest Fees**

Guest passes may be purchased at the pool desk.  
 The cost is \$2.00, and checks are preferred.

House guests of members who will be visiting for an extended period of time may use the club facilities at a reduced rate as follows:

Per guest per week \$ 4.00  
 Per family per week \$10.00  
 Per family per month \$25.00

**Pool Operating Hours**

Opening Day (May 27) 11:00 am - 9:00 pm  
 Closing Day (Sep 4) 11:00 am - 5:00 pm

Monday through Friday  
 May 29 – Jun 21 12:00 pm - 9:00 pm  
 June 22 – July 25 11:30 am - 9:00 pm  
 July 26 – Sep 1 11:00 am - 9:00 pm  
 Saturday and Sunday 11:00 am - 9:00 pm

**Tennis Court Hours**

May 1 thru Sep 30 8:00 am - 10:00 pm  
 Oct 1 thru April 30 8:00 am - 8:00 pm

## 2000 Swim Team Schedule

<b>May</b>	13	Registration and Swim Suit Sizing	10:00 am-3:00 pm
	30	New Referee Clinic at Truro	7:30 pm
	30	<b>PRACTICE STARTS Monday thru Friday</b> <b>10 and Unders</b> <b>11 and Overs</b>	<b>5:00-6:00 pm</b> <b>6:00-7:00 pm</b>
<b>June</b>	3	Referee and Starter Clinics at Annandale	8:00 am
	10	Officials Clinic - Stroke and Turn at Sites TBA	8:00 am
		Officials Clinic - <b>Other</b> at Annandale	8:00 am
	14	New Referee Clinic at Truro	7:30 pm
	17	<b>Time Trials &amp; Team Pictures at Fox Mill Woods</b>	8:00 am
	18	Last Chance Clinic for Officials at Mantua	9:30 am
	22	<b>MORNING PRACTICE BEGINS</b> 13 and Overs	7:30-8:30 am
		9-12 Year Olds	8:30-9:30 am
		8 and Unders	9:30-10:30 am
	23	Pep Rally	6:00 pm
	24	A-Meet Hiddenbrook at Fox Mill Woods	9:00 am
	26	B-Meet Pinecrest at Fox Mill Woods	6:00 pm
	27	<b>EVENING MAKE-UP PRACTICE SESSIONS BEGIN</b> Tuesdays and Thursdays	5:00-6:00 pm
30	Pep Rally	6:00 pm	
<b>July</b>	1	A-Meet Fox Mill Woods @ Fox Hunt	9:00 am
	3	B-Meet Fox Mill Woods @ Hiddenbrook	6:00 pm
	5	Patsy Graham Meet at Greenbriar	6:00 pm
	7	Pep Rally	6:00 pm
	8	A-Meet Poplar Tree at Fox Mill Woods	9:00 am
	10	B-Meet Fox Mill Woods at Oakton	6:00 pm
	12	Divisional Relay Carnival at Fox Hunt	6:00 pm
	14	Pep Rally	6:00 pm
	15	A-Meet Sleepy Hollow Bath at Fox Mill Woods	9:00 am
	17	B-Meet Herndon Rec at Fox Mill Woods	6:00 pm
	19	All Star Relays at Greenbriar	4:00 pm
	20	Lollipop Meet 8 & unders at Hiddenbrook	6:00 pm
	21	Pep Rally	6:00 pm
	22	A-Meet Fox Mill Woods at Great Falls	9:00 am
	24	B-Meet Fox Mill Woods at Fox Mill Estates	6:00 pm
25	Last Practice for Swimmers not competing in Divisionals		
29	Divisionals at Sleepy Hollow Bath	9:00 am	
29	Team Banquet	6:00 pm	
<b>August</b>	5	Individual All-Stars at Wakefield Chapel	9:00 am

## ***Tennis Team News***

### **Note:**

If you have not signed up for a tennis team, lessons, or clinics please contact one of the Team Captains listed below.

### **Thursday Night Men's Tennis Drills:**

We thought we might try something different this year. We will not have a PRO running the drills, instead we want all interested MEN to show up every Thursday around 7:30 pm starting May 18<sup>th</sup> and we will drill/play singles or doubles amongst ourselves with whoever or how many shows up.

### **Men's Tennis Team:**

*Please note* that the men's tennis team will use all four tennis courts from 8:30 am to 12:00 noon for home team matches on the following dates:

June 3<sup>rd</sup>, June 17<sup>th</sup>, July 8<sup>th</sup>, July 22<sup>nd</sup>.

### **Women's Tennis Team:**

*Please note* that the women's tennis team will use all four courts on Tuesday nights from 7:00 pm to 9:00 pm for home team matches on the following dates:

May 16<sup>th</sup>, May 30<sup>th</sup>, June 13<sup>th</sup>, June 20<sup>th</sup>, June 27<sup>th</sup>.

The interest in the women's tennis team has been terrific this year. We have twenty players, so I will try to set up matches so that every one gets to play in several matches. Next year, if there continues to be this much enthusiasm we will try to put together two teams.

Tennis practice with Dave and Brian got off to a good start this week and I hope players will continue to utilize the 2-hour sessions on Wednesday nights. \$10 is a real bargain.

I have compiled a ladder system for both singles and doubles. All are encouraged to challenge others on the ladder and there will be prizes for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> places in both divisions. The ladder will be posted at the courts on Sunday, May 21<sup>st</sup> and you may start challenging players the following week. I hope this will be a fun way for players to meet other members of the team and also a way to get in lots of tennis over the Summer.

## ***Tennis Ladder Rules***

Matches are established by a player challenging any player or team up to 4 positions ahead on the ladder. Example: player #5 may challenge players #4, #3, #2, #1.

A challenged player has 10 days (or 2 weekends) to play the match or forfeit the match.

Each player can have one up-challenge and one-down challenge at the same time.

EXAMPLE: Player #2 has played #1. Player #4 cannot challenge player #1, since player #1 already has a down-challenge. Player #4 can challenge player #2, since player #2 does not have a down-challenge. Player #2 must accept challenge from player #4 and play match within 10 days or forfeit the match.

Matches are best of 3 sets or 10 game pro set (choice of challengee).

Matches stopped due to weather will resume at score of completed games.

Record all matches on ladder sheet and adjust positions if appropriate and let me know the outcomes either by phone at 703-476-6267 or by e-mail at [leehellis@aol.com](mailto:leehellis@aol.com) .

Position changes: Challenger loses match - no change in positions  
Challenger wins match - challenger advances to other player/ players' position and all other players between his new and old position move back one space.

If you have any questions, please feel free to call me.

LEE ELLIS

Phone: 703-476-6267

E-mail: [leehellis@aol.com](mailto:leehellis@aol.com)

**Tennis Team Captains:**

Men's Tennis Team	John Waldron 703 476-1950	Women's Tennis Team	Lee Ellis 703 476-6267
Jr. Boys Tennis Team	Bruce Pujanauski 703 264-1344	Jr. Girls Tennis Team	Janice Haney & Margo Weed 703 860-3443 703 758-9287

## ***SUMMER TENNIS PROGRAMS***

Junior Tennis Team **KICK-OFF SOCIAL**, Friday, June 2, 5:00-7:00 PM, at tennis courts

**Summer Program Registration Forms** will be available in the tennis binder at the front desk beginning May 21<sup>st</sup>.

### ***Junior Summer Camps: June 23-Aug. 13***

Four Two-Week Sessions:

- Session #1      June 26 - July 7      \$80.00 July 4<sup>th</sup> will be made up on a different day
- Session #2      July 10 - July 21      \$80.00
- Session #3      July 24 - Aug 4      \$80.00
- Session #4      Aug. 7 - Aug 18      \$80.00

Morning Camp Times (MON., TUES., THURS., FRI. with Wed. afternoons reserved as a makeup day for rainouts):

Ages 4-8              8:25 - 9:25 am  
Ages 9-12            9:40 - 10:40 am  
Ages 13 and over   10:45 - 11:45 am

4:1 Student:Pro Ratio (CLASS SIZE LIMITED TO EIGHT PARTICIPANTS!!!) If a class is full, check with Dave and Brian to see if other class arrangements can be made. In the event of inclement weather, camp postponements will be announced on the Fox Mill Woods Hotline (860-0628).

Ages 5-8 will focus on fun games and coordination exercises designed to develop basic skills. Ages 9-12 and 13 & Up will split time between stroke production and developing basic strategy and competitive skills. Juniors may "walk on" if space is available on a particular day for \$12 (payable to Dave Rothschild).

### ***Evening Adult Tennis Clinics***

Adult clinics are TBA and depend upon interest. BEGINNERS, INTERMEDIATES, and ADVANCED players are welcome, but MUST call Dave or Brian to arrange clinics. Semi-private, private, or hitting sessions are available.

**Dave: 703-435-4992**

**Brian: 703-860-1371**

NOTE: Semi-Private sessions are more economical, so find a friend or partner and give us a call.

In the event of inclement weather, clinic postponements will be announced on the Fox Mill Woods Hotline (860-0628).

**ADDRESS CHANGE:**

Dave Rothschild  
12195 Abington Hall Place #101  
Reston, Va. 20190

***Private Instruction***

**David Rothschild** will be available for individualized instruction at the following rates:

1 hour private lesson	\$25	½ hour private lesson	\$15
1 hour semi-private lesson	\$15 each	1 hour tri-private lesson	\$11 each

**Brian Tenenhaus** and **Dave Rothschild** are available to drill or play sets with you at the following rates:

1 hour "hitting session"	\$15	½ hour "hitting session"	\$10
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**Junior rackets will be available for purchase from Dave or Brian.**

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**SUMMER TENNIS REGISTRATION for KIDS!!**

Name:

Age:

Telephone #:

Session: (Circle one) 1 2 3 4

Emergency Contact:

Emergency Contact's #:

Make checks payable to Dave Rothschild (see address above) or use Brian's mailbox on Blue Spruce Rd.

\$80.00 per session, per student

## ***Volunteers for Events in 2000***

Thanks to the following members who have volunteered to assist with specific summer events. **Please note that organizers are still needed for several of the events.** If you would like to organize a function, please contact Brenda Root (715-0362) or Kathy Lins (620-9240).

### ***Sunday Sanity***

- Jul 2 Bob and Joan Duvall (453-0456)
- Jul 9 Organizer needed**
- Jul 16 Cathy and Gerry Busch (460-1890)
- Jul 23 Terri and Don Collins (478-9581)
- Jul 30 Organizer needed**

### ***Crab Feast***

- Jul 8 Debra Suyama (591-0943)  
Chris King (716-0652)

### ***Movie Night (Party for kids 10)***

- Jul 22 Organizer and Volunteers needed**

### ***Younger Kids Party***

- TBA Myra Angel (620-1106)  
Dana Kennedy (860-1470)  
Susie Pavek (620-5498)  
Jill King (716-0652)

### ***Wine Tasting***

- Aug 5 Organizer needed**  
Lori Rowen (383-3836)  
Cindy Foulke (758-1990)  
Cindy Hormann (391-1741)

### ***Labor Day Party***

- Sept 4 Organizer needed**  
Nancy McGarry (481-4038)  
Sheree Lopez (715-2515)  
Sarah Hover (591-7831)